



sarasota dance academy

COMPANY

ELITE COMPANY 2021.22

BASE TECHNIQUE CLASSES

Below we will outline the schedule requirements along with an overview of a typical season. Students are placed in a minimum 4-8 hours of base technique classes in ballet, jazz, contemporary, pointe & acro.

This season, technique classes are split into levels by color: Blue & Red (some dancers have a combination of both, when placed you'll see this reflected in your Parent Portal schedule for your student).

MONDAY

5:30 - 6:30pm Ballet RAD Intermediate F
 6:30 - 7:30pm Ballet RAD Advanced 1
 6:30 - 7:30pm Jazz Technique - Blue
 7:30 - 8:30pm Jazz Technique - Red

WEDNESDAY

5:30 - 6:30pm Ballet Technique Unset - Blue
 6:30 - 7:30pm Ballet RAD Advanced F
 6:30 - 7:30pm Tap Technique - Blue
 7:30 - 8:30pm Contemporary Technique - Red
 7:30 - 8:30pm Contemporary Technique - Blue
 8:30 - 9:30pm Tap Technique - Red

FRIDAY

5:30 - 6:30pm Ballet Pointe Beg - Blue
 5:30 - 6:30pm Ballet Pointe Int/Adv - Red
 6:30 - 7:30pm Acro Technique - Blue
 6:30 - 7:30pm Acro Technique - Red

SATURDAY

11:30 - 12:30pm Ballet Technique Unset - Red

REQUIREMENTS

To compete at this level students must take a minimum number of HRS in technique classes to be eligible to be cast in group pieces. This outline is below.

SOLOS: All students taking a minimum of 4 HRS of technique classes can compete a solo for the 2021.22 Season.

DUO/TRIOS: Students wishing to compete a duo/trio for the upcoming season must meet a minimum of 7-8 HRS of technique classes weekly. Rehearsals Tue/Thurs/Sat

4 HRS TECH - max 2 group pieces
 x2 ballet (excluding pointe)
 x1 jazz or contemporary
 X1 additional technique class

5-6 HRS TECH - max 3 group pieces
 x2 ballet + x1 pointe
 x1 jazz and/or contemporary
 x1 additional technique class

7- 8 HRS TECH - max 4+ group pieces
 x3 ballet + x1 pointe
 x1 jazz + x1 contemporary
 x1 acro + x1 tap

